



Influence of Digital Technologies and Framework Design on the Load to Fracture of Co-Cr Posterior Fixed Partial Denture Frameworks

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Abstract

Purpose: To compare the load to fracture of cobalt-chromium (Co-Cr) 3-unit posterior fixed partial denture (FPD) frameworks manufactured by conventional and digital techniques and to evaluate the influence of the framework design on the fracture load.

Material and methods: Eighty 3-unit Co-Cr posterior FPD frameworks were fabricated with two designs: intermediate pontic (n = 40) and cantilever (n = 40). Each design was randomly divided into four groups (n = 10): casting, direct metal laser sintering, soft metal milling, and hard metal milling. After thermal cycling, all specimens were subjected to a 3-point bending test until fracture. Data were statistically analyzed using one-way ANOVA, Welch and Brown-Forsythe test, Ryan-Einot-Gabriel-Welsch F and Tamhane T2 post hoc test, Student's t test, and Weibull statistics ($\alpha = 0.05$).

Results: Significant differences ($p < 0.001$; $F = 39.59$) were found among intermediate pontic frameworks (except between laser sintering and hard metal milling), and cantilevered frameworks ($F = 36.75$) (except between laser sintering and hard metal milling, and casting and soft metal milling). The cantilever groups showed load to fracture values significantly lower than those of the intermediate pontic ($p < 0.001$; $F = 28.29$). The Weibull statistics corroborated the results.

Conclusions: Hard metal milling and laser sintered frameworks exhibited the highest load to fracture values. However, all tested frameworks demonstrated clinically acceptable load to fracture values. The framework design directly affected the fracture load, with drastically lower values in cantilevered frameworks.

Fixed partial dentures (FPDs) can be made with different materials such as ceramics, polymers and metal alloys. Metal-ceramic prostheses are still widely used, especially for the rehabilitation of the posterior regions of the mouth, due to the good long-term survival and satisfactory mechanical properties.^{1,2} The fracture resistance of a material is one of the main factors that directly influences the restoration success. Furthermore, the mechanical properties can be considered as the first criterion to select a restorative material that has to be able to withstand masticatory forces.³ This is relevant in the posterior region and in presence of parafunctions where the forces can be as high as 1000 N.⁴⁻⁶ Moreover, restorations are subjected to temperature variations and moisture in the oral environment that can affect their fracture load.⁷ Therefore, several authors recommended that in

vitro studies should include artificial aging to simulate the clinical conditions.⁷⁻¹¹

Metal FPD frameworks have a high flexural strength and fracture toughness, due to the greater stress absorption capacity. The failure of metal-ceramic restorations usually happens from total or partial chipping of the veneering ceramic, leaving the metal framework intact.^{2,5,7,12,13} However, metal frameworks properties can be influenced for various aspects such as the alloy type, design, and manufacturing technique.¹⁴⁻¹⁶ Nowadays, cobalt-chromium (Co-Cr) alloys are the base metal alloys of choice due to their excellent mechanical properties such as fracture resistance and hardness, biocompatibility, corrosion resistance, and low cost.^{14,17-21}

The introduction of computer-aided design and computer-aided manufacturing (CAD-CAM) technologies has helped

overcome many of the disadvantages of traditional casting techniques.²² The subtractive or milling CAD-CAM techniques allow Co-Cr alloys to be processed from prefabricated discs. Hard metal milling is the longest-running technique and enables accurate restorations, more efficient processing, and the availability of more materials.^{23–26} Metal blanks can also be milled in a pre-sintered state.^{25,27} This technique provides benefits compared to hard metal milling, allowing dry milling with less contamination, milling time, and wear of the milling unit.²⁵

Alternatively, the additive CAD-CAM techniques for metals such as selective laser melting (SLM) or direct metal laser sintering (DMLS) can create structures from metal powder melting layer-by-layer by a laser power beam.^{23,28–31} These processes achieve complicated geometries,²⁹ with less material waste, and with high productivity.²³

The FPD design will directly affect biological and mechanical behavior.³² The number and distribution of abutments, pontics, or the connector area can affect resistance to fracture.^{33–36} Previous studies have reported that the connector area withstands the highest forces.^{4,37,38} This is important in cantilever FPDs in which understanding biomechanics is decisive to correct design and use.^{33,39–42} The minimum recommended connector dimensions used in conventional cast frameworks is 6.25 mm².¹ However, current studies on CAD-CAM metal frameworks used connectors of 9 mm²,^{4,6,7,27} and even slightly higher.²⁰ The information on mechanical properties, such as fracture features in metal base alloys FPDs manufactured with the current production methods is sparse, and even less in cantilever designs.

The aim of this *in vitro* study was to compare the load to fracture of posterior Co-Cr FPD frameworks manufactured by casting and 3 digital techniques, as well as the influence of the framework design (intermediate pontic or cantilever) on the load to fracture. The null hypotheses were that no differences would be found in the load to fracture among the different techniques, and between the framework designs.

Materials and methods

A total of 80 standardized machined stainless-steel specimens, with a platform and 2 abutments were fabricated (Mechanical Workshop of Physical Science, University Complutense of Madrid, Spain). Two platform designs were manufactured to receive posterior 3-unit frameworks: (1) intermediate pontic (30 mm in length, 17 mm in width, 4.5 mm in thickness, and 7 mm between abutments), and (2) cantilever (22 mm in length, 17 mm in width, 4.5 mm in thickness, and 0.2 mm between abutments). The abutments ($n = 160$) were designed simulating a prepared first mandibular premolar (5 mm in height, occlusal diameter of 5 mm, a 1-mm-wide chamfer, and a 6-degree angle of convergence), and screwed to the platforms.^{4,6,7,43–45} The specimens were randomly assigned to 4 groups in each design, categorized according to the manufacturing technique: group 1, casting (CM); group 2, laser sintering (LS); group 3, soft metal milling (SM) and group 4, hard metal milling (HM). Ten specimens were fabricated for each study group according to the results of power analysis (the effect size was found to be 1 at 95% power when the total sample size was 32), conducted

by using a software program (G*Program 3.1.9.4). The cantilever frameworks were identified with the letter c (Table 1).

To fabricate the CM and CMc frameworks, the specimens were scanned and digitized (Lava Scan ST; 3M ESPE, Seefeld, Germany), and the data were entered into the CAD software (DWOS Lava Edition; Dental Wings, Montreal, Canada). The wax patterns were printed (ProJet 1200 3D; 3D Systems, Rock Hill, SC), and the process continued with the lost-wax casting technique. For this purpose, a commercial phosphate graphite-free investment plaster (Vestofix; DFS Diamond GmbH, Riedenburg, Germany) was used. The casting was performed with an induction and centrifugal vacuum-casting machine (MIE-200C/R; Ordenta, Madrid, Spain) under vacuum pressure of 580 mmHg, at a melting temperature of 1480°C. The LS and LSc specimens were scanned and digitized as in the casted frameworks. The CAD design file was transferred to a DMLS device (PM 100 Dental; Phenix Systems, Clermont-Ferrand, France) and frameworks were made built by fusion of 20 mm layers of alloy powders from the occlusal surface to the margins, under an argon atmosphere, by Yb-fiber laser beam at 1650°C. To fabricate the SM and SMc frameworks, the specimens were scanned and digitized (Ceramill Map400; Amann Girrbach, Koblach, Austria). The frameworks were designed (Ceramill Mind; Amann Girrbach), and milled from presintered Co-Cr discs, with a magnification of 11% to offset post-sintering shrinkage, in the milling unit (Ceramill Motion 2; Amann Girrbach). The frameworks were placed in a sintering tray (Ceramill Argovent; Amann Girrbach) and sintered in a furnace (Ceramill Algoterm 2; Amann Girrbach) at 1.300°C under an argon atmosphere. The manufacture of the HM and HMc frameworks consisted of scanning the specimens (3Shape D750; 3Shape Dental System, Copenhagen, Denmark) and designing the frameworks with the design software (Molder Builder; 3Shape Dental System). The Co-Cr discs were inserted in the warehouse (PH 2/120 SAUER; DMG Mori, Stipshausen, Germany) of the milling unit (Ultrasonic 10 linear SAUER; DMG Mori), and machining was carried out.⁴

All frameworks were fabricated by experienced technicians, with the same dimensions (0.5 mm wall-thickness, cement space of 50 μ m, a premolar shape pontic, and a connector area of 9 mm²), which were verified with a digital micrometer (Mitutoyo Co, Tokyo, Japan). The frameworks were cleaned with water steam and sand-blasted with aluminum-oxide particles (50 μ m) under 50 N/cm² pressure (EXTRAmatic 9040; Kavo Dental GmbH, Biberach, Germany).

The frameworks were cemented with glass-ionomer cement (Ketac-Cem EasyMix; 3M ESPE), following the manufacturer's specifications (room temperature: 18–24°C; relative humidity: 50 \pm 10%). A constant seating load of 50 N was applied with a torque wrench (ZIACOM, Madrid, Spain) for 10 minutes.⁴

Each specimen was placed into a cylindrical polyethylene container with 30 ml of artificial saliva Fusayama-Meyer (LCTech, Obertaufkirchen, Germany),^{4,46} and subjected to thermal cycling at 5°C and at 55°C for 6000 cycles in a climatic chamber (CCK0/81; Dycometal, Barcelona, Spain) controlled by iTools software (Eurotherm; Schneider Electric, Madrid, Spain).⁴ Each framework was then further subjected to a

Table 1 Manufacturing technologies, alloys and their chemical composition and manufacturers of frameworks with intermediate and cantilever pontic

Manufacturing technologies	Groups		Dental alloy composition (weight %)	Alloy	Manufacturer
	(1) Intermediate pontic	(2) Cantilever pontic			
Casting	CM	CMc	Co 59.5, Cr 31.5, Mo 5, Si 2, Fe, C, Mn \leq 1	Super 8	Dental Alloys Products
Laser sintering	LS	LSc	Co 65, Cr 28-30, Mo 5-6, Fe \leq 0.5, C \leq 0.02, Si, Mn, Ni \leq 1	ST2724G	Sint-Tech
Soft metal milling	SM	SMc	Co 66, Cr 28, Mo 5, C \leq 0.1, Si, Fe, Mn \leq 1	Ceramill Sintron R 71 L	Amann Girschbach
Hard metal milling	HM	HMc	Co 59, Cr 25, Mo 3.5, W 9.5, Si 1, Fe, C, Mn, Ni \leq 1.5	Starbond CoS DISC basic	Scheftner

Table 2 Mean, standard deviation (SD), minimum and maximum (N) of load to fracture values in frameworks with intermediate pontic

Intermediate pontic	Mean	SD	Minimum	Maximum
CM	9836.26	433.88	9167.90	10598.70
LS	10784.99	476.11	10101.84	11487.56
SM	9066.08	451.98	8336.86	9728.46
HM	11156.61	530.69	10430.14	11860.94

CM = casting; LS = laser sintering; SM = soft metal milling; HM = hard metal milling.

3-point bending test until fracture using a universal testing machine (UTM) (ME 405/10; SERVOSIS, Madrid, Spain) with a 10 Tm load-cell, at a 1 mm/min crosshead speed.^{4,6,7,43,45,47,48} Tin foil (0.3-mm-thick) was interposed between the rounded tip (1.5 mm in diameter) of the cone-shape loading pusher adapted to the UTM and the frameworks for a more even load distribution and to reduce the stress concentration.^{37,49–55} Axial compressive vertical load was applied at the central fossa of the pontic. Data on the load to fracture were automatically recorded in Newtons (N) by a specific software (PCD2K; SERVOSIS).^{4,6,7,43–45} Fracture was defined as the moment in which a drastic decrease was recorded on the monitored curves, along with evidence of the visible cracks and acoustic events.^{4,6,7,45}

Statistical analysis was performed with a statistical software (IBM SPSS Statistics, v22.0; IBM Corp, Chicago, IL) ($\alpha = 0.05$). Means and standard deviations (SD) were calculated for each group. The Shapiro-Wilk test was used to confirm the normality of the variables. One-way ANOVA was performed for comparisons among the groups. The Ryan-Einot-Gabriel-Welsch F and Welch and Brown-Forsythe test and TamhaneT2 test were used for post hoc comparisons among the intermediate pontic and the cantilever frameworks respectively. Student's t test was used for comparisons between frameworks designs. To facilitate accurate interpretation of data, the Weibull characteristic fracture load or scale (σ_0) and the Weibull modulus (m), were also analyzed.^{4,7,45}

Results

The mean and standard deviation of the load to fracture values for intermediate pontic and cantilever groups are listed in Tables 2 and 3, respectively. LS and HM groups exhibited the highest load to fracture values. ANOVA revealed significant differences ($p < 0.001$; $F = 39.59$) among intermediate pontic frameworks groups. The post hoc test revealed differences among all frameworks except between LS and HM groups. Likewise, in the cantilever frameworks, significant differences ($p < 0.001$; $F = 36.75$) were found among the groups, except between CMc and SMc, and between LSc and HMc. When the design was compared, the cantilevered frameworks showed significantly lower load to fracture values than those with intermediate pontic ($p < 0.001$; $F = 28.29$).

The Weibull statistics revealed no significant differences in the m parameter, both in intermediate pontic frameworks and in cantilevered ones (Tables 4 and 5). All frameworks obtained high modulus values, which mean, and the sample distribution was lower. However, significant differences were found in the σ_0 parameter for the intermediate pontic frameworks (Table 4), except between the LS and HM groups, in which an overlap was noted. Likewise, significant differences were observed in the σ_0 parameter for the cantilever group (Table 5) except between the overlapped frameworks: CMc and SMc. Thus, the HM and HMc groups exhibited the highest characteristic fracture load values, achieving the least probability

Table 3 Mean, standard deviation (SD), minimum and maximum (N) of load to fracture values in cantilevered frameworks

Cantilever	Mean	SD	Minimum	Maximum
CMc	1858.77	108.88	1675.80	1983.52
LSc	2161.14	61.10	2061.92	2234.40
SMc	1831.69	97.43	1690.50	1997.04
HMc	2257.14	157.37	2042.32	2495.08

CMc = casting; LSc = laser sintering; SMc = soft metal milling; HMc = hard metal milling.

Table 4 Weibull statistics of load to fracture (N) for frameworks with intermediate pontic

	m = Weibull modulus						σ_0 = Weibull scale					
	Est		CI (95%)		CI (99%)		Est		CI (95%)		CI (99%)	
			Lo	Up	Lo	Up			Lo	Up	Lo	Up
CM	25.02	5.89	15.76	39.70	13.43	46.59	10036.28	134.57	9775.97	10303.53	9687.44	10397.68
LS	26.92	6.64	16.60	43.65	14.04	51.61	11000.67	136.71	10735.95	11271.91	10645.81	11367.35
SM	24.98	5.34	16.42	37.97	14.21	43.90	9240.56	108.51	9030.32	9455.70	8958.66	9531.32
HM	24.67	4.31	17.51	34.76	15.55	39.14	11398.64	109.40	11186.23	11615.08	11113.63	11690.95

CM = casting; LS = laser sintering; SM = soft metal milling; HM = hard metal milling. CI = confidence interval; Est = estimate; St Error = standard error; Lo = lower; Up = upper.

Table 5 Weibull statistics of load to fracture (N) for cantilever frameworks

	m = Weibull modulus						σ_0 = Weibull scale					
	Est		CI (95%)		CI (99%)		Est		CI (95%)		CI (99%)	
			Lo	Up	Lo	Up			Lo	Up	Lo	Up
CMc	23.34	4.36	16.19	33.66	14.26	38.21	1905.27	19.18	1868.05	1943.23	1855.33	1956.54
LSc	46.82	8.59	32.67	67.10	28.84	76.00	2188.14	11.00	2166.68	2209.81	2159.30	2217.36
SMc	20.27	3.41	14.58	28.17	13.01	31.58	1877.23	22.00	1834.60	1920.85	1820.07	1936.19
HMc	17.30	3.02	12.28	24.37	10.91	27.44	2326.51	31.79	2265.04	2389.66	2244.14	2411.91

CMc = casting; LSc = laser sintering; SMc = soft metal milling; HMc = hard metal milling. CI = confidence interval; Est = estimate; St Error = standard error; Lo = lower; Up = upper.

of failure (Fig 1). Regarding the frameworks design, significant differences were found in the σ_0 parameter, corroborating that a considerably lower load is necessary to fracture cantilevered frameworks. However, in m parameter no differences were found.

All frameworks first showed a plastic deformation and then, a crack appeared at the connector area with two different patterns according to frameworks design. The breakage of frameworks with intermediate pontic started at the cervical area of the connector and spread obliquely towards the occlusal surface (Fig 2). Conversely, in the cantilevered frameworks the breakage started at the occlusal surface of the connector (Fig 3).

Discussion

The data obtained support the rejection of the null hypotheses, as the load to fracture values among the groups and between the frameworks design exhibited significant differences.

Studies that compared the load to fracture of different metal frameworks with intermediate pontic are sparse. In the present study, the hard metal milling and laser sinter-

ing groups exhibited the highest load to fracture. The results were consistent with those of previous studies for laser sintered frameworks,^{14,56-59} and hard metal milled frameworks.⁶⁰ Conversely, other studies have reported the lowest flexural strength for hard metal milled frameworks.^{56,58} Regarding the soft metal milling group, the results were consistent with a previous study.²⁷ However, superior mechanical properties for soft metal milling group and comparable to laser sintering technique have been reported in other study.⁵⁶ In the study, the chemical composition of the alloys was not identical, and their microstructure was not analyzed. This factor could have influenced the differences among the analyzed groups as previously reported,^{14,15,56,60} as well as the different manufacturing processes.^{20,60} The fracture initiation of the tested frameworks occurred at values higher than 9000 N, suggesting that they can withstand clinical chewing forces even in the presence of parafunctions. The results were consistent with those of previous studies.^{4,6,7}

The cantilever frameworks showed load to fracture values above those clinically relevant (1000 N). The hard metal

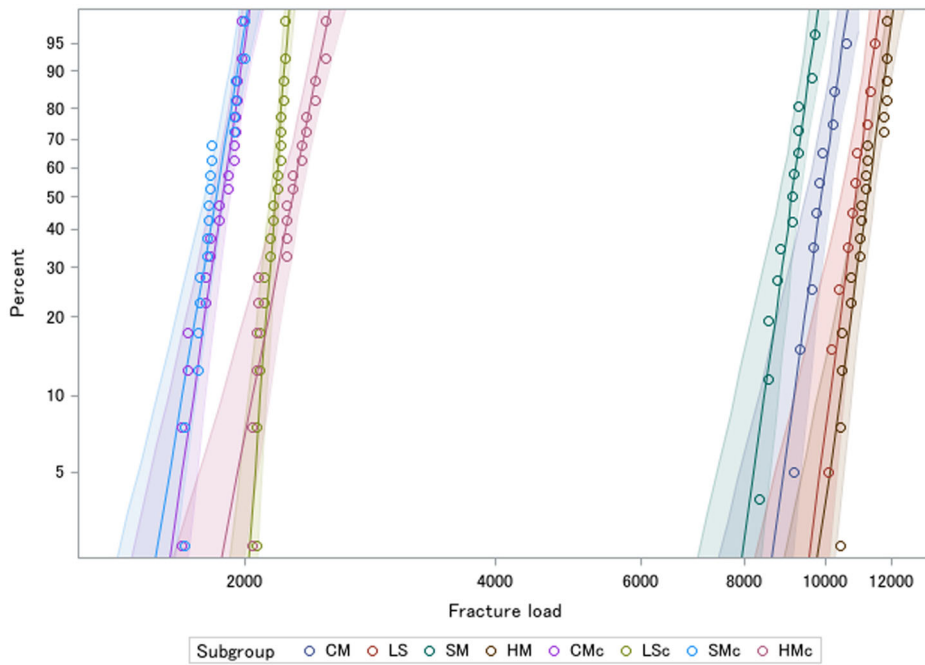


Figure 1 Weibull probability plot of the load to fracture for frameworks with intermediate and cantilever pontics. CM and CMc = casting; LS and LSc = laser sintering; SM and SMc = soft metal milling; HM and HMc = hard metal milling.



Figure 2 Fractured specimen of the soft metal milled group.



Figure 3 Fractured specimen of the soft metal milled group with cantilever.

milling and the laser sintering groups also showed the highest load to fracture values. The authors are unaware of previous studies evaluating the load to fracture of cantilevered frameworks manufactured with digital technologies, and it was thus not possible to compare the results of the study. The differences among the groups could also be due to differences in the microstructure of the alloys employed and the processing techniques.

When both designs manufactured with the same technology were compared, the cantilever frameworks showed a drastic decrease in their load to fracture values. The results indicate that the framework design influenced the fracture be-

havior. Furthermore, the highest values for principal stress in the cantilever frameworks were found in the connector between the pontic and the retainer.⁴⁰ All tested frameworks showed plastic deformation prior to fracture that occurred at the connector area. This pattern is consistent with previous studies in FPDs with intermediate pontic, which reported that the connector area withstands the highest tensile and shear forces.^{6,7,37,38,43,45} In cantilevered frameworks, the breakage also occurred at the connector area but started in the upper surface of the connector. The results were consistent with those of previous studies.^{39,40,61} The excessive load on the cantilever pontic is a risk factor due to the appearance of lateral forces,

inclination and rotation of the abutment teeth.^{33,62} This situation can cause the fracture or deformation with a gingival displacement of the pontic,^{32,36,63} and it will depend on the dimensions of the extension.^{33,39,64} Thus, although cantilever prostheses can be used in posterior areas⁶⁵ factors such as the dimensions of the prosthesis, the use of non-noble alloys, and the number of abutment teeth^{33,39,64} should always be taken into account, and future research is required.

Artificial aging to simulate the clinical situation is controversial. Some authors have performed only static loading in their studies.^{5,43,45} Other authors^{7,8,11} applied artificial aging procedures with controversial results. However, aging process was recommended to avoid obtaining higher and unrealistic load to fracture values.^{8,13,44,50,51} In this study, all the specimens were subjected to thermal cycling simulating a 5-year period in the mouth.^{10,50,51} Cyclic loading seems to have a greater influence on the chipping of the veneering ceramic,^{10,12,66} and was not performed in the study because unveneered frameworks were evaluated.

Finally, the results of the study were consistent with previous studies that reported that the mechanical properties and load to fracture of the frameworks depend on several factors such as the composition of the alloy and its fabrication technique,^{14,20,56} which may lead to a certain microstructure and to a mechanical alteration when loaded.^{31,56,60} All these factors make comparisons extremely difficult, and there is a need for a standardized methodology to compare the results among the different studies.

This study was performed *in vitro*, which allows for the evaluation of the mechanical properties of materials under standardized conditions but may not replicate the clinical conditions. In the study, metal abutments were used as in previous studies,^{4,6,7,27,34,43–45,54} that avoid possible premature destruction when testing metal alloys.^{4,27,48} Future studies are recommended with other alloys. In addition, clinical trials must be performed to evaluate the mechanical behavior of metal frameworks manufactured with digital technologies, especially with cantilever designs.

Conclusions

All the FPD frameworks evaluated exhibited load to fracture values above those clinically relevant and can therefore be indicated for posterior areas. Hard metal milled, and laser sintered frameworks obtained the highest load to fracture values, in both framework designs. The cantilevered frameworks showed load to fracture values drastically lower than those of the intermediate pontic.

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